



# WALKS WORLDWIDE

*The Walking Holiday Specialists*

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## **ADVENTURE DOSSIER FOR:**

### **BIKE the ANDES**

#### **CUSCO-CHINCHERO-MORAY- MARAS-SALTPANS- URUBAMBA – CUSCO**

*(1 DAY)*

This ride is possibly the best one-day bike trip in Peru if not the whole of South America, taking us on a largely downhill route across the Chinchero plain and into the Sacred Valley of the Incas. Using dirt trails and ancient mule routes, we pass the beautiful lake Huaypo and then through the village of Chequereq. A short uphill brings us to the incredible circular Inca ruins of Moray where we enjoy a picnic lunch and can explore these fascinating ruins.

From here we take a smooth mule trail to the town of Maras for another descent of a lifetime, down into the amazing salt-pans, before finally meeting our vehicle again beside the Urubamba River, for the drive back to Cusco.

**INCLUDED:** Quality Kona Full Suspension Mountain bikes with hydraulic disc brake, gloves, helmet, bi-lingual guide/mechanic, support vehicle and transfers to and from Cusco, first aid kit, lunch, pick up and drop off at hotel of your choice in Cusco or Sacred Valley.

**NOT INCLUDED:** Extra hotel night in Cusco, Cycling shorts, toe-clips/SPD shoes or SPD pedals (optional if required but not necessary as ride is largely downhill), personal belongings, meals in Cusco, personal expenses, travel insurance and tips.

**NOTE:** This trip is most suited to competent riders. The route can however be customised to suit individual needs and be made harder or easier on request. Novice riders are given full instruction and the trip can be adapted likewise.

**WHAT TO BRING:** On this expedition we will be experiencing all extremes of Peruvian climate, from freezing Altiplano to extremely hot sunshine.

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|---|------------------------------|
| - Sunglasses with attaching string          | - Lip-balm                   |
| - Suntan lotion Factor 15+                  | - After sun                  |
| - Camera                                    | - Biking trousers / shorts   |
| - Biking T-shirt (long sleeved)             | - Warm fleece or down jacket |
| - Raincoat / rain trousers                  | - Socks / underwear          |
| - SPDs pedals & shoes / Toe clips optional) |                              |



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## ***AND LASTLY PLEASE NOTE***

The “Bike the Andes” travels through a remote and rarely visited part of Peru and we believe our clients should be aware that the remoteness that makes this trip so very special could also cause certain problems. Thus, whilst our agent endeavours to minimise the chances of anything unexpected happening, it has to be noted that no itinerary can or should be rigidly adhered to. This is the very nature of Adventure Travel and we expect our clients to be prepared for delays and slight alterations in our programmed events.

In all cases we will advise you of any changes in the itinerary as early as possible. We have taken all these possibilities into account when planning this expedition and have allowed sufficient leeway to enable us to successfully run this exceptional trip.

The majority of dietary and medical requirements can be catered for, but we must be notified of these at the time of booking.

You should also be aware that adventure travel, in particular trekking, mountain biking, rainforest river travel and travelling in remote areas such as Southern Peru, does carry with it certain inherent risks that you, the client, will have to assume. You will have to take out adequate travel insurance to cover these risks and any costs incurred due to sickness, delayed flights and other factors out of our control.

**Price £ 95 per person – minimum 2 persons**

***Extra nights in the 3\* Hotel Mabey in Cusco £30 per person (2 persons twin share inc breakfast)***